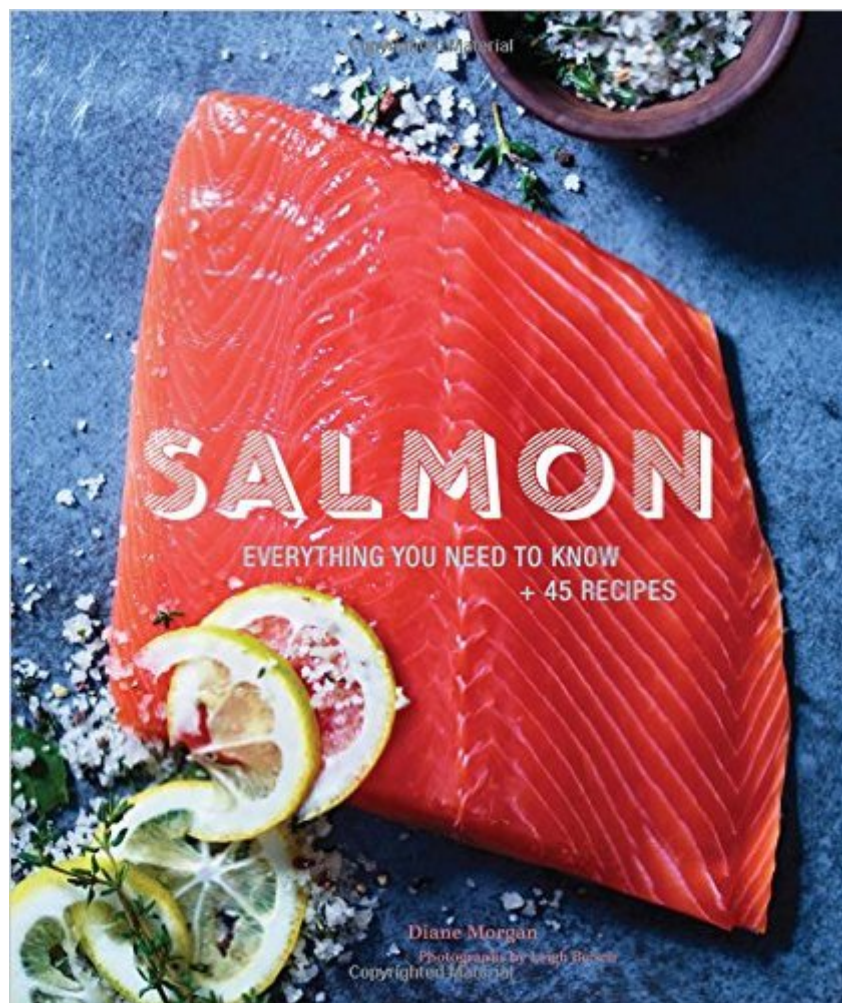


The book was found

Salmon: Everything You Need To Know + 45 Recipes



Synopsis

Salmon is the third-most consumed seafood in North America, not only for its exceptional flavor and versatility, but for its undeniable health benefits. Rich in Omega-3s, it's a rich protein source for those looking to eat healthier, consume less meat, or transitioning to a paleo or pescatarian diet. Salmon features 45 recipes showcasing the best ways to prepare this luscious, accessible fish. Acclaimed author Diane Morgan has crafted a go-to reference for home cooks who want to add more creative preparations of salmon to their repertoire. Recipes include all savory meal occasionsâappetizers, dinner, pizza, brunch, and moreâproviding inspiration for healthy eaters and fish lovers alike.

Book Information

Paperback: 160 pages

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Product Dimensions: 7.6 x 0.5 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂÂ See all reviewsÂ (9 customer reviews)

Best Sellers Rank: #53,479 in Books (See Top 100 in Books) #6 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

Customer Reviews

Some of the recipes are quite interesting. Worth making and branching out to try recipes that one wouldn't normally think.

Great recipes and a great source of knowledge about Salmon! It can actually double as a coffee table book!David D.

Diane Morgan's second book on cooking salmon. I have and value the first book and this is a nice addition.

I enjoy the book and will use it.

Very complicated recipes, that I don't have time to make. I was looking for quick, easy dinner type recipes

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